

Dear Madison County Resident,

Did you know indoor allergens in your home can put you at risk for respiratory illnesses? Did you know that most common injury hazards happen at home, like falls and exposure to carbon monoxide or radon gas? Your health and safety is important to us, and we are excited to tell you about our Healthy Homes of Madison County program.

Healthy Homes is a free program open to any Madison County resident interested in reducing home hazards that may impact your health. We provide a free in-home checkup by our trained Public Health staff at Madison County Health Department. Using the results of your home checkup, together we develop a plan to reduce hazards and safety concerns identified that are of interest to you.

This program seeks to improve health and safety in Madison County homes by:

- 1. Reducing Indoor Air Pollution and Asthma Hospitalizations
- 2. Preventing Injuries
- 3. Preventing Homes Fires
- 4. Preventing Lead Poisoning
- 5. Reducing Indoor Tobacco Use
- 6. Controlling Pest Infestations

To help you meet your plan goals, we will follow-up with education, resources, referrals for assistance, and products like smoke detectors, child safety items, cleaning supplies, and more (subject to availability).

We do not fine. No actions or fixes are required by you or a landlord. You may choose to follow-up with any recommendations we make, or not. While we may provide some products to help, this is not a home repair program.

Interested? Fill out and submit the request form on page two, go to our Healthy Homes webpage at healthymadisoncounty.org, scan the QR code below, or call for more information at 315-366-2525.

We look forward to hearing from you,

The Healthy Homes of Madison County Team at Madison County Department of Health

Madison County Health Department www.healthymadisoncounty.org

138 N Court Street, Wampsville, NY 13163 facebook.com/MadisonCountyNY













#### Healthy Homes of Madison County

## **Home Checkup Request Form**

Healthy Homes is a health and safety program that provides FREE home checkups for asthma, tobacco cessation, indoor air quality, lead, injury prevention, fire safety and other environmental health hazards. Participants receive education, resources, referrals, and FREE products and supplies specific to their home findings. Supplies may include: cleaning supplies, child safety items, as well as smoke, carbon monoxide, and radon test kits, and more.

Eligibility: Must live in Madison County. Services may be prioritized by a city/town focus area, low income, or other need. Two contact attempts will be made to reach you. Today's Date \_\_\_\_\_ (your initials) I understand that this is not a home repair or enforcement program; this program provides education, referrals, and low-cost supplies Are you a (circle one): Tenant / Occupant / Homeowner Your First and Last Name \_\_\_\_\_ Address \_\_\_\_\_ Apartment/ Unit \_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip Code \_\_\_\_ Email Address What home health and safety concerns do you have? (check one or all that apply) ☐ Asthma ☐ Injury Prevention ☐ Pests ☐ Fire ☐ Lead ☐ Smoking Cessation ☐ Indoor Air ☐ Mold ☐ Other (describe): Return this form by email, fax, by mail, or in office to: **Madison County Health Department** 138 N Court Street, Wampsville, NY 13163 facebook.com/MadisonCountyNY www.healthymadisoncounty.org

**™** Email

☐ Phone













Request

your free home

checkup



**DISCOVER** how to find and eliminate hazards in your home.

**IMPROVE** your health, safety, and environmental living conditions.

- FREE home safety and health check-up
- FREE products and supplies\*
- FREE service for Madison County tenants and homeowners\*\*

This is an education and referral program, **not** a home repair or enforcement program. No actions are required by participating in this voluntary program.

## Contact us today!

Madison County Health Department www.healthymadisoncounty.org

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<sup>\*</sup>Free items based on need and availability may include: smoke alarm, carbon monoxide detector, radon detector, asthma management tools, cleaning items, child safety supplies, fall prevention items, and MORE!

<sup>\*\*</sup>Services may be prioritized for low-income, persons with asthma, or within a targeted area



A FREE health and safety home checkup and education program dedicated to improving the health and safety of Madison County residents.



The program addresses six main concerns:



## Fire Prevention and Safety

Is there a working smoke detector with a battery? Is there a fire extinguisher? What other conditions may be a fire safety concern?



## Managing Asthma Attacks and Pest Control

Did you know asthma can be controlled? Does the home have pets or an insect infestation? Are there pillow and mattress covers? Do you know what simple steps may reduce asthma triggers?



## **Preventing Lead Poisoning**

If a home was built before 1978, the paint may have lead in it. Does a child in the home have a high lead blood test? Do other lead-poisoning risks exist?



# Cigarette Smoking Education and Cessation

A combination of harmful gases and particles are released in the air when someone smokes in a room. Do you know where to start to quit?



## ndoor Air Quality

Has a home been tested for radon gas? Are furry pets in a home? Is there a musty, damp, or chemical smell in a home? If yes, do you know what steps should be taken?



Slips, trips, and falls at home is common. Are there night lights? Are stairs in good repair? Do you know how a home can be made safer and resources to help?

## Background

Following the conclusion of Madison County Health Department's five-year CDC Water Systems Grant providing home individual water system water quality testing and assessments, the Department applied for the five-year New York State Department of Health Healthy Neighborhoods Program (HNP) Grant.



The HNP grant was the next step in the Department's ongoing initiative to expand evidence-based in-home programs, with a public health impact. The Health Department was awarded the HNP grant and established the Healthy Homes of Madison County program.



Any Madison County resident may participate. In addition to open eligibility, to improve health equity, a distinct geographic focus area is targeted yearly based on social determinants of health data. In selected geographic areas, door-to-door canvassing will help to reach the most vulnerable residents and reduce access disparities while creating positive impacts across neighborhoods.

Through the grant, new partnerships will arise and existing collaborative efforts will strengthen among community partners like Schools, Fire, Police, Codes, Municipal offices, Social Services, and others. Positive momentum may lead to new community funding opportunities and programs to improve health, safety, and housing conditions in the county.

### How the Program Works

Lung diseases, lead poisoning, tobacco smoke, allergies and asthma are all related to poor air quality. Poor air quality can negatively impact health. Tripping hazards in the home are preventable and impact mobility and health. Education and control of environmental factors are evidence based strategies that make positive short-term health improvements.

The Healthy Homes program offers free in-home visual health and safety check-ups (assessments), education, low-cost interventions, and referrals to Madison County residents. Home visits are conducted by trained Public Health Staff specializing in education of Healthy Homes topics. Home visits provide the opportunity to connect, engage, and educate clients to reduce home hazards.

Residents can sign-up themselves for the program. Referrals are also accepted from medical entities, schools, and organizations. No actions by clients are required by participating in this voluntary program. Clients may choose to follow-up with any suggestions made, or not.

#### What the program does NOT do:

Healthy Homes is not a case management program or an enforcement agency in itself. Program Staff will provide clients with recommendations to improve home health and safety conditions. Program staff have no jurisdiction to fine or make a homeowner or landlord fix hazards identified inside the home, only the area Codes Enforcement Office can do these things where applicable laws and regulations exist.

#### Initial Home Visit

A home check-up appointment is scheduled. During the initial home visit, a visual home assessment is completed using a standardized data form. No personal identifiers are collected on the forms.

Low-cost intervention products may be supplied, like smoke detectors, cleaning supplies, safety items, and more. Referrals may be provided for additional assistance and resources.

#### In-Home Visits Make a Difference

#### Second Home Visit

A minimum of 25% of homes are revisited, prioritized by most serious conditions or those with asthma. New or ongoing challenges and problems are discussed.

#### Improvements made by the second visit:

95% of homes had working smoke alarms

83% of homes had no reports or evidence of rats

54% of homes had repaired electrical hazards

44% of homes had properly stored waste

**8**% of people were able to stop smoking in the home

#### **Health and Safety Presentations**

Healthy Homes Staff specialize in providing education and training on home health and safety topics to groups upon request.

